



ErasmusNostrum.org

Public Speaking & Presentation Skills

*“Explore, learn and grow
In the heart of Athens!”*

Register Now!*



Athens, GREECE 

Participation Fee: 400€ for 1 week**

*Registration deadline: 15 Days prior

**The participation fee is non-refundable.



For more information, visit:
www.erasmusnostrum.org



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Course Topics

Day 1: Foundations of Public Speaking

- Overview of public speaking fundamentals: structure, clarity, and purpose.
- The elements of an effective speech: tone, body language, and storytelling. Workshop: crafting a short, engaging introduction.

Day 2: Overcoming Stage Fright

- Strategies to manage nervousness and build confidence. Breathing exercises and relaxation techniques for speakers.
- Practical activity: deliver a short speech in front of peers with feedback. Group discussion of breakthroughs in public speaking.

Day 3: Crafting Compelling Presentations

- Designing impactful presentations: visuals, slides, and props. Using storytelling to connect with your audience.
- Hands-on workshop: creating a short presentation on a chosen topic. Peer review and constructive feedback.

Day 4: Advanced Speaking Techniques

- Mastering vocal variety: pitch, pace, and pauses. Techniques for engaging large or challenging audiences.
- Practicing impromptu speaking: responding to unexpected questions and situations. Individual coaching: fine-tuning delivery and style.

Day 5: Delivering a Polished Presentation

- Final preparation: reviewing speeches and presentations. Group activity: practicing transitions and audience interaction.
- Showcase event: participants deliver their final speeches / presentations to the group. Closing reflections, feedback, and certificates of participation.





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Get to know Athens!

In addition to the course, we offer optional activities in Athens to enrich the learning experience by immersing participants in the cultural and historical wealth of the city, and form lasting professional relationships and share diverse insights!

Activity 1

- Welcome Dinner in the center of Athens

Activity 2

- Visit Acropolis!



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Participation Fee

The payment deadline is 10 days before the event.

After each payment, you will receive an invoice*.

PLEASE DEPOSIT THE PAYMENT **ONLY AFTER** YOU HAVE RECEIVED SEAT AVAILABILITY CONFIRMATION FROM US!
Payment info will follow by personalized email.

What **IS** included in the fee?

- Organization and lecturer fee.
- Coffee breaks, and one (1) networking event.
- Acropolis' Tickets
- Educational material including a welcome package with local products and an online info pack with everything you need to know ahead of your arrival.

What is **NOT** included?

- Travel costs (including fees for highway if you come by car)
- Accommodation.
- Public transport in Athens.
- Any meals not explicitly described above.
- Insurance [we highly recommend that you have at least the European Health Insurance Card (EHIC) before coming to Greece].

*All invoices will be issued automatically to the participant's name within 5 business days. To issue it to a different legal entity, please get in touch with us promptly by email.

